

SHORT & SWEET!

Halloween Parade: Monday, Oct 31 9:00 Children may wear their costumes to school; we'll have a parade right at 9:00 so everyone can see our little trick-or treaters circle the trike path (several times). Then the costumes get taken off and return home whence they came. Remember, our no-gum-or-dandy-at-school rule still applies on Tuesday and thereafter!

ILLNESS REVISITED

With so many flu/cold/covid-like symptoms now, just remember children who are ill should be home; they may return when they have had no (or vastly improved) symptoms for 24 hrs, without the use of symptom-suppressing medications. Children with symptoms won't be in the nap rooms (tight quarters!)

PEANUT ALLERGY

Peanut allergy reminder! Please don't include any peanuts, peanut butter, products with peanuts in them (granola or energy bars, etc.) in your child's lunches.

WEATHER IS CHANGING

Your child needs to be prepared for the cold weather by having his/her cold weather gear ready. **Appropriate clothing** includes: a warm coat, a hat, mittens (not gloves unless they can put them on), snow pants and boots that are easy to get on and off. A little **practice** goes a long way; shoes and boots, especially, should be practiced in the store before you purchase them. Once you have their gear, practice at home - practice on and off as well as what goes first! Then, **label everything**! Lots of the winter gear looks similar. For hard-to-label items you can find personalized labels online or make your own; "laminate" them with clear packing tape and tie them to the item. We really appreciate your help in this area!

COAT DRIVE

Our coat drive last year was very successful and we'd like to host another one. We'll collect new and gently used coats for men, women and children from now until just before Thanksgiving. Dependable Cleaners cleans the coats before they're distributed to people in need. So, if you have any coats to donate, please bring them in during the next three weeks. Thanks!

LUNCH REMINDERS

If you're wondering why your child is talking about rainbow lunches, it's because we've been talking about eating the rainbow! It's a fun way for children to get more color into their lunches – strawberries, peas, blueberries, green/red/yellow peppers, carrots, salad – lots of yummy, healthy foods are very colorful. If you look into your child's lunch box and it's all white, see if you can pack some colors in there! Also, please NO squeezie tubes of food; they can't get them open and their tops are often considered choke-able items.

Your child's lunch should include utensils (if needed) and a napkin (or two!) Also, one of the teachers had a request: some kids don't have lunchboxes. They have two or more food containers, sometimes utensils in backpacks, add a water bottle to that mix . . . makes handling all of it a bit tricky. A lunchbox, or bag w handles, that keeps everything together is essential.

THANKSGIVING FEAST AND HEAD-COUNT

Our school Thanksgiving feast, made by the children, will be Tues. Nov. 22. We'd like to know how many children will be here so they can prepare the right amount of food. We'll have a sign-up at the gate so you can let us know if your child will be here on Nov 22.



At last year's feast children could choose to dine in either class. Most, not all, chose their own class. No surprise there!